

# Workshop Overview

## Supporting Individuals with Complex & Challenging Behaviours



## Complex or Challenging: It all serves a purpose

### Supporting Individuals with Complex & Challenging Behaviours (SICCB)

Sometimes we don't see past the situation to know that all behaviour serves a purpose. This seminar will challenge you to think outside the box and to start to understand why behaviour occurs and why people do what they do.

Challenge yourself to think differently about complex and challenging behaviour!



## Workshop Overview

This workshop will help you look at positive ways to change behaviour that may be seen as challenging, or limits access to community inclusion.

It provides a balance between behaviour theory (including Positive Behaviour Support), and practical tools for managing complex and challenging behaviours focusing particularly on how to manage behaviours in a crisis. This workshop highlights the importance of utilising proactive strategies and techniques in behaviour management that assist in maintaining baseline behaviours.

This workshop is most suited to organisations and individuals who have exposure to person's exhibiting complex and challenging behaviours.

You should attend if you would like to:

- Learn about behaviour definitions
- Find out about the Functions of Behaviour
- Discover Positive Behaviour Support
- Learn about techniques and strategies
- Find out how to manage in a crisis
- Apply learnings in practical scenarios

What's included in this 1/2 day workshop:

- 'Plain English' instruction from an experienced facilitator
- Specialised course materials
- Personalised certificate of completion
- An opportunity to meet others, share experiences and network
- Morning Tea & Lunch

Other Courses available:

- Understanding Acquired Brain Injury (UABI)
- Positive Behaviour Support (PBS)
- The Effective Support Person (ESP)
- Changing Behaviour for the Better (CBFB)



Enquiries: Call +61 7 3137 7400 Outside Brisbane Freecall 1800 673 074 or email us at [training@synapse.org.au](mailto:training@synapse.org.au)

## Knowledge is power, book today!

To find out more about Synapse Training courses fill in your details below and fax it to us on 07 3137 7452 or mail it to PO Box 3356, South Brisbane Qld 4101.

We value your privacy so your details will be stored securely and only be used to keep you up-to-date.

Name (Please print): \_\_\_\_\_

Position: \_\_\_\_\_ Organisation: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

E-Mail: \_\_\_\_\_ I consent to receive information

Course of interest (please circle):    SICCB    PBS    UABI    ESP